What's happening

March/April 1988
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

UCSF-Laurel Heights Events

All events held at 3333 California St. Auditorium. Call 476-3206. Free parking.

Free Community Health Talks

Wed., Apr. 6: **Current Thinking on Diet & Cancer.** 7:30-9 p.m.

Wed., May 4: **Getting Pregnant: Medical Advances in Solving Infertility.** 7:30-9 p.m.

Musical Panoramas

An annual series of concerts featuring outstanding artists. $7 students & seniors. $9 general. 8 p.m. Call 476-2542 for program information, 476-2035 for series & other ticket information.

Thurs., Mar. 10: Vocalist **Weslia Whitfield**, accompanied by piano, saxophone, trumpet, bass & drums.

Thurs., Mar. 31: Pianist **Robert Taub** plays works of Beethoven, Scriabin & Liszt.

Fri., Apr. 8: **An Evening with Keith Terry** features a combination of music, dance & vaudeville.

Fri., Apr. 29: **Saxophonist Joe Henderson** with bassist **Larry Grenadier**.

Community Health Education Programs

Sponsored by UCSF Office of Public Service Programs, these free lectures are geared to senior citizens. For further information call 476-3206.

Tues., Mar. 8: **Exercise.** Rose Resnick Senior Center, 1299 Bush St. 11 a.m.

Wed., Mar. 23: **Skin Care.** Heritage Senior Center, 3400 Laguna St. 1:30 p.m.

Tues., Apr. 19: **Folk Medicine.** Mission YMCA Senior Center, 4080 Mission St. 11 a.m.

Thurs., Apr. 21: **Care of the Bones.** Seventh Avenue Presbyterian Church Senior Center, 1329 7th Ave. 1 p.m.

Tues., Apr. 26: **Insomnia.** Richmond YMCA Senior Center, 360 18th Ave. 11 a.m.

Brown Bag Tours/Lectures

All lectures are free and held on Wednesdays at noon in Room 300, Health Sciences West (enter through 513 Parnassus). Videotapes of all talks are available for viewing in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 476-4394.

Mar. 9: **Superwoman Doesn't Live Here Anymore.** Stay on the success track and still maintain your sense of balance.

Mar. 16: **Lovastatin: A New Drug for Lowering Cholesterol Level.** Is it a revolutionary new preventative for heart attacks?

Mar. 23: **Why Can't I Be First Prize?** If you don't think much of yourself, why should I?

Mar. 30: **From AIDS to Toxic Dumping.** Current research in UCSF's School of Pharmacy.

Apr. 6: **Non-Invasive Color-Coded Imaging of Blood Flow in the Heart.** A significant new diagnostic tool against heart disease.

Apr. 13: **Power, Polish & Persuasion.** Add an extra edge to your presentation skills, professional image & self confidence.

Apr. 20: **Iatrogenesis & the Healer Within.** Reversed roles in sickness & in health.

Apr. 27: **Current Nutrition: What's Hot—And Why?** Facts about fish oil, trace minerals, synthetic ingredients & food safety.

May 4: **Children: They Could Decide the Next Presidential Election.** How childrens' concerns are affecting our political landscape.

Campus Tours

All tours are free and take place at 1 p.m. on Tuesdays, March 8, 15, 22, & 29 and April 5, 12, 19 & 26. Meet in the lobby of Medical Sciences building, 513 Parnassus. For further information call 476-4394.

New Volunteer Orientation

To acquaint new & prospective volunteers with opportunities available in the Medical Center at UCSF. Call 476-1196.

Tues., Mar. 8: Rm. 332, Health Sciences East, enter through 513 Parnassus. 1-3 p.m.

Tues., Mar. 22: Rm. 213, Clinical Sciences Bldg., 521 Parnassus. 6-8 p.m.

Tues., Apr. 5: Rm. 285, University Hospital, 533 Parnassus.

Tues., Apr. 26: Rm. 417, Clinical Sciences Bldg., 521 Parnassus.

Special Events

Tues., Mar. 29: **Young Artists String Quartet.** UC-Santa Barbara's scholarship quartet. Cole Hall, 513 Parnassus. Noon. Free.

Wed., Mar. 30: **Free Community Health Talk: Food Poisoning.** Toland Hall, 533 Parnassus. 7:30 p.m. Free parking in Millberry Union garage, 500 Parnassus.

Thurs., Apr. 7: **Faculty Research Lecture: What Brain Mechanisms Underlie the Acquisition of New Skills in Humans?** UCSF otolaryngologist Michael M. Merzenich. Cole Hall, 513 Parnassus. 2 p.m. Free. Part of the annual UCSF Founders Day celebrations. For more information call 476-4723.

Tues., Apr. 19: **Twilight Student Concert.** Faculty/Alumni House, 745 Parnassus. 5:45 p.m. $3. Call 476-2542.

Tues., Apr. 26: **Campus Blood Drive.** Personal identification is requested. Blood may be given in Millberry Union main lounge, 500 Parnassus, from 8 a.m.-3 p.m. or mezzanine level, School of Nursing Bldg. (enter through 521 Parnassus.) from 11 a.m.-5:30 p.m. For further information call 476-4394.

Wed., Apr. 27: **Free Community Health Talk: Diet & Cancer—What We Know Today.** Toland Hall, 533 Parnassus. 7:30 p.m. Free parking in Millberry Union garage, 500 Parnassus.

Women's Week

A week-long celebration of International Women's Day. For more information call 476-5836.

Tues., Mar. 8: **Unsung Heroines of UCSF**. An ongoing videotape featuring women working at UCSF. Medical Sciences lobby, 513 Parnassus. 10 a.m.-4 p.m. Free.

Wed., Mar. 9: **Superwoman Doesn't Live Here Anymore.** (See Brown Bag Lectures.)

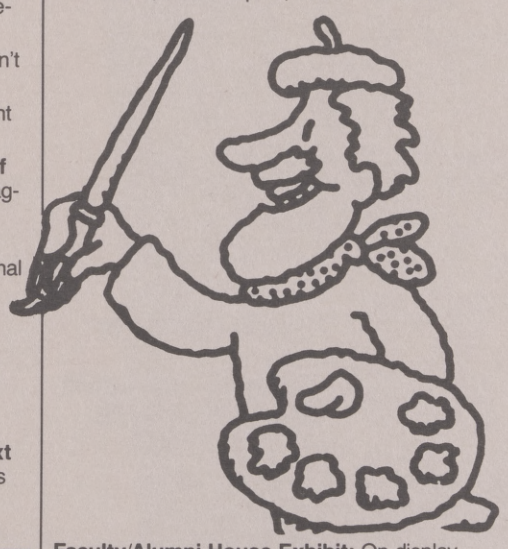
Thurs., Mar. 10: **Woman, Worker, Warrior, Poet.** A reading featuring author Lorna Dee Cervantes and UCSF women writers. Toland Hall, 533 Parnassus. Noon-1:30 p.m. Free.

Thurs., Mar. 10: **Weslia Whitfield Sings the Blues.** (See UCSF-Laurel Heights Events.)

Fri., Mar. 11: **Ernestine Florence.** Jazz, show and pop tunes. Millberry Union lounges, 500 Parnassus. Noon-1 p.m. Free.

Art Exhibits

Hospitals Auxiliary Exhibit: On display for the month of March in the lobby of Moffitt/Long Hospitals, 505 Parnassus, are mini-oils, watercolors, black & white photography, drawings & mini-etchings. On display during April will be large paintings, oil painting, Chinese brush watercolors, Egyptian oil paintings & collages. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 182, Moffitt Hospital, 505 Parnassus, 9 a.m.-4 p.m., or call 476-4906.



Faculty/Alumni House Exhibit: On display through May 30 are acrylic paintings by well-known artist and UCSF surgeon Frank Hinman. Faculty/Alumni House, 745 Parnassus. 9 a.m.-5 p.m. Call 476-4723.

Nursing Courses

Full-day courses sponsored by the Medical Center at UCSF, Department of Nursing. For exact times & locations call 476-2993.

Mon., Mar. 7: **Advanced Physical Assessment I.** and **Basic Bone Marrow Transplant.**

Wed., Mar. 9: **Issues in Child Life.**

Thurs., Mar. 10: **CPR Instructor Class.**

Tues., Mar. 15: **Diabetes Update.**

Wed., Mar. 16: **Being in Charge.**

Thurs., Mar. 17: **IV Therapy Workshop.**

Mon., Mar. 21: **Advanced Physical Assessment III.**

Thurs., Mar. 24: **Ethics Symposium.**

Mobile Mammography Screening Program

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time. Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or 476-2193 between 9 a.m. and 3:30 p.m. The van will be at the following locations during March and April:

- Mar. 7-11: Richmond district, 7th Ave. between Geary & Clement.
- Mar. 14-18: Taraval St., between 17th & 18th Aves.
- Mar. 21-24: Civic Center, on McAllister St., between Larkin & Polk.
- Mar. 28-Apr. 1: Embarcadero, on Drumm St. between Sacramento & Clay.
- Apr. 4-8: UCSF-Laurel Heights, 3333 California St., in the left parking lot.
- Apr. 11: Corn Nuts Corp., Oakland (for employees only).
- Apr. 12-15: Marina Green parking lot near the Ft. Mason entrance.
- Apr. 18-22: Financial district, on Battery St. near Greenwich and Levi Strauss.
- Apr. 25: Mission Neighborhood Health Center, 240 Shotwell St. near 16th.
- Apr. 26-29: Diamond Heights Blvd. near the Safeway store.

Parenting Programs

A series of lectures and workshops sponsored by the UCSF Women's Resource Center, UCSF Marilyn Reed Lucia Child Care Study Center and SF Children's Council. All lectures are free and held in Toland Hall, 533 Parnassus, noon-1 p.m. Workshops are $10-$20 sliding scale and held in Rm. 130, Clinical Sciences Bldg., 521 Parnassus, Saturdays, 10 a.m.-1 p.m. Childcare for workshops provided for $5. For further information and to preregister for worshops, call 476-5836.

Sat., Mar. 19: Workshop: **Parent Effectiveness in the 1980's**.

Tues., Mar. 22: **Time Out For Motherhood.** Lecture by authors Lucy Scott & Meredith Joan Angwin.

Tues., Apr. 5: **Super Dads: The Changing Role of the Father.** Lecture by fathers and child-care workers Byron Sigal and Gonsalo Toscano.

Sat., Apr. 16: Workshop: **Adoption: A Parenting Alternative**.

Thurs., Apr. 21: **Choosing Children**. A film about lesbians becoming parents, followed by discussion with author Cheri Pies.

Sat., Apr. 23: Workshop: **What We Can't Do Alone, We Do Together: Strength in Unity for Single Parents**.

Sat., Apr. 30: Workshop: **Balancing Quality Time Between Single Parents & Their Children**.

Cole Hall Cinema

All films are shown in Cole Hall, 513 Parnassus. Children under 14 $2; UCSF students, seniors, & Millberry Union members $2.50; general $3. Call 476-2571.

Dancers. Thurs., Mar. 10 at 5:45 & 8 p.m.; Fri., Mar. 11 at 6:30 & 9 p.m.

The Princess Bride. Thurs., Mar. 31 at 5:45 & 8 p.m.; Fri., Apr. 1 at 6:30 & 8:45 p.m.

Dirty Dancing. Thurs., Apr. 7 at 5:45 & 8 p.m.; Fri., Apr. 8 at 6:30 & 8:45 p.m.

House of Games. Thurs., Apr. 14 at 7:30 p.m. only; Fri., Apr. 15 at 6:30 & 8:45 p.m.

Jean de Florette. Thurs., Apr. 21 at 5:45 & 8:15 p.m.; Fri., Apr. 22 at 6:30 & 9 p.m.

Three Men and a Baby. Thurs., Apr. 8 at 5:45 & 8 p.m.; Fri., Apr. 29 at 6:30 & 8:45 p.m.

Folk Dancing

Learn line dancing from various parts of the world. No partner needed, beginners welcome. Held every Tuesday in the Millberry Union Gym, 500 Parnassus. 1:05-2:30 p.m. $2. For information call 476-1800.

Outdoors Unlimited

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoor adventures for the neighborhood and campus commun ity. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m. Tuesday to Thursday. Two-week advance registration and attendance at a pre-trip meeting is required for most events. For further information and a free brochure listing all events call 476-2078.

Mon., Mar. 7: **Wave Ski Club Meeting.** Millberry Union Video Room, 500 Parnassus.

Sat.-Sun., Mar. 26-27: **Kirkwood Cross-Country Ski Race Trip.** For intermediate skiers. Tahoe.

Wed., Mar. 30: **Bay Area Sea Kayakers Meeting.** Rm. 302, Health Sciences West, enter through 513 Parnassus. 6:30 p.m.

Wed., Apr. 6: **Project RAFT: Russians & Americans for Teamwork.** Slide show on the joint US-Soviet youth exchange wilderness expedition to Katun, on the Mongolian/Chinese border. Rm. 300, Health Sciences West, enter through 513 Parnassus. 8:30 p.m. $3 donation.

Wed., Apr. 13: **Climbing Instructors Meeting.** Learn to teach rock-climbing. Millberry Union Madrone Rm., 500 Parnassus. 7:30 p.m.

Tues., Apr. 19: **Welcome to Outdoors Unlimited.** How to get involved in cooperative outdoor adventuring. OU Center, 3rd & Parnassus. 7:30 p.m.

Wed., Apr. 27: **Bay Area Sea Kayakers Meeting.** Rm. 300, Health Sciences West, enter through 513 Parnassus. 6:30 p.m.

PRO: Recreation & Fitness

Over 100 classes for the active and the inactive person. Spring classes include aerobics, weight management program, healthy neck and back care, massage & relaxation, yoga, dance, discount shopping, golf, tennis and MUCH MORE! Spring quarter classes begin Mon., Apr. 11. Registration begins Wed., Apr. 6, at Millberry Union Central Desk, 500 Parnassus. For further information and a free brochure listing all classes call 476-1800.

Rape Prevention Education

For information call 476-5222.

Thurs., Mar. 24: **Silent Voices: The Amnesiac Survivor.** A slide show by therapists Susan Frankel & Patty Levey on survivors of incest & sexual assault. Toland Hall, 533 Parnassus. Noon-1 p.m. Free.

Self-Defense Classes for Children & Adolescents. UCSF Marilyn Reed Lucia Child Care Study Center, 610 Parnassus. 10:30 a.m.-2 p.m. $15 Sat., Apr. 9: Ages 7-10.Sat., May 7: Ages 15-17.Sat., June 4: Ages 11-14.

Personal Safety Classes

Conducted by the UCSF Police Department's Personal Safety Program. All classes held at the Laguna Honda Personnel Conference Rm., 1350-7th Ave. Pre-registration required. Call 476-5683.

Tear Gas Certification Classes. Department of Justice approved. 6-9 p.m. $10.Wed., Mar. 16 & Thurs., Apr. 21.

Massage Service

Experience the healthful benefits of a professional massage at the Millberry Union Athletic Facility, 500 Parnassus. Open seven days a week, Mon.-Fri. 8 a.m-8:30 p.m., Sat. 9 a.m.-7 p.m. & Sun. 1:30-6:30 p.m. UCSF students, Millberry Union members & seniors $15 half hour, $21 hour; general $18 half hour, $24 hour. Gift certificates available. Call 476-1115 or visit the Millberry Union Athletic Desk.

To Our Neighbors is produced by the UCSF News and Public Information Services Department. For further information call 476-1541.

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Fertility Drug May Adversely Affect Growing Fetus

UCSF researchers have found evidence that the most commonly used fertility drug in the US has the potential to interfere with normal human fetal development.

Experimental biologist Gerald Cunha, PhD, professor of anatomy and ob/gyn, and his colleagues found that the drug clomiphene can produce malformations in the developing human reproductive system, including the vagina, uterus and fallopian tubes.

Women usually stop taking clomiphene before they become pregnant, but evidence shows that the drug remains in the body for weeks afterwards.

"While it is possible that levels of clomiphene in the body during pregnancy may fall below the threshold to cause birth defects, our new information—in conjunction with previous reports of reproductive tract deformities induced by clomiphene in rodents—raises concern over the use of clomiphene as a fertility drug," Cunha said.

Cunha and his colleagues reported the evidence in the November issue of the journal *Human Pathology*.

A Better Way to Unblock Clogged Arteries

An improved catheter, designed and developed by UCSF cardiologist Paul G. Yock, MD, promises to simplify the job of the physician during procedures to unblock clogged arteries.

"It goes in easier and faster than other catheters," said Yock, associate director of the UCSF Cardiac Catheterization Laboratory.

In the procedure, known as coronary angioplasty, a balloon-tipped catheter is threaded into an artery clogged by fatty plaque, and the balloon inflated to widen the opening. Some 140,000 people undergo the procedure each year as an alternative to a coronary artery bypass operation.

At present, angioplasty procedures generally require two physicians to manipulate the balloon catheters, guide wires and other paraphernalia.

The new catheter simplifies the process considerably, and for the first time makes it easy for a physician to do an emergency angioplasty single-handedly.

For further information call 476-1326.

Library Construction Begins

Construction has begun for the new UCSF Library, to be located on the corner of Parnassus at Third Avenue, sloping down to Irving Street.

A wooden barricade has been erected surrounding the construction zone and a covered pedestrian walkway has been constructed on the north side of Parnassus extending to the west end of Millberry Union. Visitors to the campus are urged to walk along the south side of Parnassus if at all possible.

The campus has worked closely with the San Francisco Police Department, the Department of Public Works and Muni to minimize disruption to pedestrian and vehicle traffic. Equipment and trucks primarily will be coming in and out of an area near Irving and Third.

Neighbors in the immediate area have been sent a large map highlighting the areas of construction and what to be aware of. If you would like a copy call 476-1541.

May is Restaurant Month

May will be "Restaurant Month" at UCSF with raffle tickets being sold to some 15,000 visitors, faculty and staff who are on this campus every day.

If you own a restaurant, perhaps you would like to donate a dinner for two, or maybe a dinner for four? All establishments participating in the raffle will be publicized on campus with the names of the winners and the restaurants posted weekly throughout the month of May. All proceeds will benefit UCSF patients.

Raffle tickets at $1 each, 6 for $5, will be sold on campus in the Auxiliary Office, 505 Parnassus Avenue, Room 182 Moffitt Hospital, beginning April 18. If you are interested in participating, please send a letter of confirmation by April 1 to the above address, zipcode 94143-0208. For further information call 476-4906.

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Postal Customer

Rush—Time Dated
March/April 1988

To our neighbors

March/April 1988
A summary of recent news stories from the University of California, San Francisco . . . A Health Sciences Campus.
Volume 13, Number 2

To our neighbors

Mother of Eight Gets First No. California Liver Transplant

"One of the things that has helped tremendously is that we've all been so well prepared...We've known exactly what to expect every step of the way," said Albert (Bud) Nebeker of Oakland, husband of the first patient to undergo liver transplant surgery in Northern California.

Last month, his wife Shirley, a 53-year-old mother of eight who suffered from chronic active hepatitis, received her new liver through the UCSF Liver Transplant Service, directed by Nancy C. Ascher, MD, PhD.

"It's the security the staff has given us that makes the difference...As we go through this experience and meet the staff involved—first the doctors and social workers, and now the nursing staff—I feel bonds forming. I think we're making lifetime friends," said Bud.

Ascher, a surgeon who is nationally known for her research in transplant immunology, headed the 20-member UCSF group of physicians, nurses and technicians that operated on Shirley for seven hours.

UCSF researchers and their colleagues are close to solving the mystery of why some 10 percent of all cancer patients develop hypercalcemia—high blood calcium—that can cause fatal brain and kidney damage.

"The evidence is pointing to a protein made by the tumor cells," said Gordon J. Strewler, MD, UCSF associate professor of medicine and clinical investigator at the affiliated Veterans Administration Medical Center, SF. "And that opens the door to designing better treatments."

Using tiny amounts of radioactivity to track chemicals in cell cultures, the researchers found that the recently discovered protein mimicked several functions of parathyroid hormone (PTH), which normally controls calcium and phosphorous metabolism. Most important, the protein caused release of calcium from bone—a strong clue that it may play a role in hypercalcemia.

The findings were reported in the December issue of the *Journal of Clinical Investigation* by Strewler; UCSF physiologist Robert Nissenson, PhD, and colleagues.

Clue to Common Cancer Complication Found

Traveler's Clinic Celebrates First Anniversary

The UCSF Traveler's Clinic, a subsidiary of the Infectious Disease/Tropical Medicine Clinic, has just celebrated its first anniversary. Located on the fifth floor of the Ambulatory Care Center, 400 Parnassus Avenue, the Clinic is open to the neighborhood and provides information on diseases and health risks for specific countries, guidance in taking the proper precautions, and a complete vaccination program. Free brochures are available. For further information call 476-5787.

UCSF expanded its transplant program to include liver transplantation on the first of January. The new Liver Transplant Service, part of the Department of Surgery, works closely with the UCSF Liver Center, a research program located at Parnassus, SFGH and the VAMC, which is recognized for its significant contributions to understanding liver function and disease.

UCSF has served as a major transplant center for more than 20 years. Established in 1964, the UCSF Kidney Transplant Service now is the largest program of its kind in the world with some 3,000 transplants performed. The Medical Center also is active in the transplant of bone marrow, cornea, and middle ear tissue.

Dr. Ascher and her surgical team expect to perform some 50 similar operations a year at UCSF—including many on children and infants.

For further information call the UCSF Liver Transplant Service at 476-8028.

Comrades in Neuroradiology Meet at UCSF

Mikkel Aaland

UCSF radiologist Grant B. Hieshima and Victor Shchegiov (left), chief of endovascular neurosurgery at the USSR's Kiev Institute of Neurosurgery, lead the only teams in the world that perform the delicate procedure called "intracranial embolotherapy" to treat difficult aneurysms—weaknesses in the blood vessel wall of the brain which could lead to paralysis or death.

The technique, which allows neuroradiologists to use detachable balloons to plug brain aneurysms, is used on patients who are considered untreatable with surgery or other means.

$13.75 Million Funds New Approach to Research, Education

Revolutionary changes in the way biological research is conducted has enabled the UCSF School of Medicine to organize its research and teaching programs in a novel attempt to make use of the "new biology."

Funded by a new $13.75 million grant from the Miami-based Lucille P. Markey Charitable Trust, the reorganization will create a unique academic program that will transcend traditional departmental boundaries to encourage interdisciplinary research at the leading edge of biology.

"New tools from genetics, molecular biology and immunology have remade the face of biological research," said J. Michael Bishop, MD, who heads the new Program in Biological Sciences (PIBS) and is director of the UCSF Hooper Foundation. "As a consequence, traditional departments in medical schools are becoming increasingly obsolete as foci for research and graduate teaching."

The principal advantage will be for the students, he said, who often must limit their research interests to those of the faculty in their department. By merging all students into the PIBS program, the research areas available to each student will increase nearly five-fold, and students will get broader training than they would within a single department.

(More news items on back page)